



Newsletter & Website Content

Slow & Say Hello!

Simple steps for safer, friendlier travel this season

Whether you're on wheels, on foot, or in the saddle, our trails and streets are buzzing with activity. A simple wave, a "hello," or a moment of eye contact can make every outing better for everyone. Here are a few tips for getting around our community safely and respectfully:

- ✓ **Slow Down:** We're all just trying to get where we're going and have a good time. Give others space and take it easy.
- ✓ **Say Hello:** Greet approaching users with eye contact and a friendly wave or "Hello!" It's the easiest way to coordinate a safe pass.
- ✓ **Show Up:** Be safe and predictable. Make yourself visible and move in a way others can anticipate.
- ✓ **Tune In:** Take in what's around you. Avoid wearing both earbuds (or any!) so you can hear what's going on. Also, know the routes and rules before you go. Trail access, leash requirements, and seasonal closures vary by jurisdiction.
- ✓ **Stay in Control:** Keep yourself and your animals under control at all times, and stay on designated corridors. Sensitive habitats can be easily damaged.
- ✓ **Leave No Trace:** Take care of our shared spaces. Pick up all trash, pet waste, and food scraps - every time, no exceptions.

Slow & Say Hello! is part of a regional safety initiative to reduce multimodal conflicts and increase safe travel behaviors on our pathways. For more tips, visit slowandsayhello.co.